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**Fall Activities** 

Welcome New Families

Why Preschool is Important



a monthly insight into C.A.R.E. Academy

S T U D E N T of the M O N T H



Student of the month goes to Darien Meggett! DeeDee has great manners and listening ears. She has a smile that will light up a whole room, so don't let her stares fool you!

#### EMPLOYEE SPOTLIGHT

We are highlighting our amazing Culinary Tech, Ms. Anastacha! She has been making amazing meals for our little ones. She works hard to make sure their bellies are full! We have some new menu items to look forward to that she has come up with to encourage the children to try new foods! Feeding 60+ kids three times a day is not simple, but she makes it looks easy!

#### **CARE** Academy

2507 & 2509 Ashley River Rd (843)277-2177 careacademyschools.com

# **September**

# **Screen Time Pros and Cons**

Technology can be a great thing! However, for young children it is only beneficial in small doses. Lots of screen time for children below the age of eight can impair vision, create sleep disturbances, and interrupts the natural pattern and development of social skills. Screen time should be limited to one hour a day! Children should be spending time doing interactive activities with the people they love the most!

What can you do instead? Read, play games, color, or

# Pros

Provides another way of learning

Cons Limits imagination

Great for car rides

Improves language skills

Inappropriate content for age group

Shortened attention spans



# **Important Dates**

**Oct 9th – 11th – Fall Portraits** (picture schedule will be sent via Brightwheel, sibling pictures will be taken upon request)

#### Oct 31st – Halloween Parties!

Nov 4th – <u>4K Classes CLOSED</u> for Professional Development

Nov 27th – 29th – CLOSED for Thanksgiving Holiday

# FALL FUN

Oct 5<sup>th</sup> - Tanger Fall Fest Oct 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup> - Disney on Ice at North Charleston Coliseum

- Oct 13<sup>th</sup> Halloween Pizza Class at Mercantile and Mash
  - Oct 19<sup>th</sup> Down the Rabbit Hole Halloween Fest at Brown Family Park
  - Oct 19th Ghostwalk at Hutchinson Square
  - Oct 19<sup>th</sup> Fall Kids Festival at New Realm Brewing
- Oct 20th Mount Pleasant Children's Day Fest
- Nov 10<sup>th</sup> Kidz Bop Live at North Charleston Performing Arts Center

### **PUMPKIN PATCHES**

Boone Hall	Pumpkin patch, corn maze, tractor ride, food, music, face painting, petting zoo, jump castle, slides games, and more!
Legare Farms	Pumpkin picking, horse ride, hayride (feeding cows), scarecrow factory, farm animal barnyard, playground, and more!
West Farm	Corn maze, farm zoo, food trucks, children's play area, and more!

## **Director's Perspective**

## Why is Preschool Important?

The importance and impact of preschool is unfortunately often overlooked and undervalued. In preschool settings there are a plethora of skills that children learn including language development, introduction to literacy, social /emotional skills, motor skills, and cognitive development. We strive to prepare our students for kindergarten by introducing them to numerous cognitive building activities. When children attend preschool, it allows them to become more independent, comfortable, and confident in their schooling! Welcome to all of our new families! We hope you have adjusted well and are pleased with us! We encourage you to share suggestions, comments, and concerns when ever they arise. We are excited to have you! To our 4K families, we're going to have a great year filled with learning and so much fun!





#### Professional Development with Mr. Jay!

Our professional development days this summer were a great, much needed refresher! This July we had Mr. Jay, an awesome country wide known preschool teacher, join us for some awesome pointers to use in our classrooms. His story touched each of us in so many ways and he reminded us of our why! Find Mr. Jay on Instagram @ur\_kids\_favorite\_prek\_teacher